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Davis-Monthan Air Force Base, Ariz.

Friday, April 22, 2005



Photo by Staff Sqt. Lanie McNea

D-M hosts Holocaust Memorial

Selma Meuhuser, Holocaust survivor, listens during the Holocaust Memorial service at Davis-Monthan April 15. The purpose of the memorial was to educate the future generations so this crime against mankind is never repeated. Col. Michael Spencer, 355th Wing commander, and others spoke at the service.

355th SVS earns three ACC awards

By Airman 1st Class Clark Staehle 355th Wing Public Affairs

Air Combat Command has announced three additional winners from Davis-Monthan's Desert Lightning Community.

"I am extremely proud of how our Airmen continue to excel in everything they do," said Col. Michael Spencer, 355th Wing commander. "The Desert Lightning Team continues to blaze paths and set the example for others to follow."

The following people were named by ACC as outstanding performers:

- ◆ The ACC Innkeeper Traveler of the Year Award: David Ruiz of The Inn at Davis-Monthan,
- ◆ The ACC Individual Services Award for Outstanding Civilian Manager: Dan Baker of The Inn at Davis-Monthan and
- ◆ The 2005 ACC Innkeeper Award, large-base category: The Inn at Davis-Monthan.

While two of the awards were for individuals, one of them was for The Inn at Davis-Monthan as a group.

The ACC evaluators said our team is what makes our lodging operation successful," said Tech. Sgt. Frank Williams, lodging assistant manager. "When

See Awards, Page 4

New regulations require D-M drivers to talk on hands-free cell phones

By Stephanie Ritter

355th Wing Public Affairs

A new rule on Davis-Monthan is now requiring all motorists to put down their cell phones while driving.

The base supplement to Air Force Instruction 31-204, Motor Vehicle Traffic Supervision, states the use of non-hands-free cell phones while operating a motor vehicle on base is now prohibited.

According to the 355th Security Forces Squadron, the rule will increase the overall safety of the roads for the D-M community.

phone creates a serious hazard to the community," said Tech. Sgt. Jay Bork, 355th SFS plans and programs NCO. "Anything that takes your attention away from the road is a distraction that could potentially cause an accident and serious injury to yourself and others. When you get behind the wheel, you're responsible for the safe operation of that vehicle. The unsafe condition cell phone use presents could be a life or death issue when it comes to driving."

The changes are not limited to the active-duty force.

"The policy applies to everyone "Driving while talking on a cell driving on the installation," said Col.

Michael Spencer, 355th Wing commander. "Violating this policy will add two points to your on-base driving record, in addition to any other violation committed. Individuals will lose base driving privileges for one year if they have 12 points in a 12-month period or 18 points in a 24-month period."

In addition, motorists will have driving privileges revoked for a period of 30 days for an accumulation of six traffic points in a six-month period.

The rules of the road also apply to those operating a government vehicle.

"The D-M community must break themselves of the habit and start do-

ing the right thing," Sergeant Bork said. "If you absolutely must use a cell phone while inside your vehicle, pull over to a safe location and park out of traffic to do so. Investing in a handsfree device for your cell phone will not only save you the hassle of a ticket, it will make you a much safer driver."

"How many times have you seen someone talking on a cell phone and driving in a reckless inattentive manner?" Colonel Spencer asked. "Focusing on the road is an important key to being a good driver. This new policy is one way we are working to make sure the base community is as safe as possible."

Underage Drinking Task Force hosts movie night at Bama Park tonight

Davis-Monthan's Underage Drinking Task Force hosts a movie night today at Bama Park. The free movies playing are "We Were Soldiers" and "Dodgeball." The first movie begins at 8 p.m. For more information on tonight's events or the UDTF in general, see There's nothing to do at D-M! UDTF encourages Airmen to say no to alcohol, get out of dorm, Page 4.

COMMANDER'S CORNER



(From left to right) Wanda Wolosky, Holocaust survivor; Airman 1st Class Robert Oehmke, 355th Communications Squadron; Airman James Harvey, 355th CS; Col. Michael Spencer, 355th Wing commander and Chaplain (Dr.) Gail Wallen speak at the Holocaust Memorial service at Davis-Monthan April 14.

New Medals

Question: I recently saw e-mail traffic about two new medals for service in the Afghanistan and Iraq campaigns. How do I know if I qualify for one of these?

Answer: Thank for you asking about the new awards and decorations. I am pleased with the announcement to formally recognize those who have served in a deployed location in support of either the Afghanistan or Iraq campaigns. The specific criteria for each medal are:

Afghanistan Campaign Medal:

 Servicemembers must have served in direct support of Operation Enduring Freedom;

- ◆ The area of eligibility encompasses all land area of the country of Afghanistan and all air spaces above the land;
- ◆ The period of eligibility is Oct. 24, 2001, to a future date to be determined or at the cessation

Iraq Campaign Medal:

- ◆ Members must have served in direct support of Operation Iraqi Freedom;
- ◆ The area of eligibility encompasses all land area of the country of Iraq and the contiguous water area out to 12 nautical miles, and all air spaces above this land and water;
- The period of eligibility is on or after March 19, 2003, to a future date to be determined or at the cessation of OIF.

Criteria for both medals include:

- Servicemembers must have been assigned, attached or mobilized to units operating in the area of eligibility for 30 consecutive days or for 60 non-consecutive days or have been engaged in combat during an armed engagement, regardless of the time in the area of eligibility, or have been wounded or injured while participating in an operation or on official duties and required medical evacuation from the area of eligibility;
- While participating as a regularly assigned aircrew member flying sorties into, out of, within or over the area of eligibility in direct support of the military operations, each day of operations counts as one day of eligibility;
- Only one of each medal may be authorized for any individual. Service stars are not authorized:
- Under no condition shall personnel or units

receive the ICM, ACM, the Global War on Terrorism Expeditionary Medal, the Global War on Terrorism Service Medal, or the Armed Forces Expeditionary Medal for the same action or period of service.

For more information on the medals, or to ensure your records accurately reflect your service, contact Awards and Decorations at 228-4478.

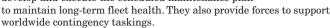
Supporting each other and working together to provide the best programs and services is a goal for all D-M people. Ideas, suggestions, comments, concerns and kudos are important to make improvements. The best way to pass along a comment or to get an answer to a concern is to contact the agency chief or functional managers listed here. Still no solution? The Commander's Corner phone line is 228-4747. An e-mail can also be sent to: 355thWing .Commanders Corner@dm.af.mil. Callers must leave their name, phone number and a message. They will receive a prompt reply in writing or by telephone. We will honor caller confidentiality, but sometimes we need to contact callers to gather additional information. If a concern is of general interest to the base populace, the response may be published in the Desert Airman. Anonymous calls may not be published

Agency numbers

AAFES Agencies	228-3904
Accounting and Finance	228-4964
Chaplain	228-5411
Civil Engineering	228-3401
Clinic	228-2930
Commissary	228-3116
Family Support	228-5690
Fitness and Sports Center	228-0022
Haeffner Fitness Center	
Housing Office	228-3687
Inspector General	228-3558
Inspector GeneralLegal	228-6432
Lodging	228-4845
Military and Civilian Equal Opportunity Office	
Military Personnel	
Public Affairs	
Security Forces	228-6178
Services	228-5596
Transportation	
po	



The 354th Aircraft Maintenance Unit is attached to the 355th Aircraft Maintenance Squadron. The 355th AMXS is responsible for all combat and training sorties generated in the 355th Wing, managing the efforts of 571 personnel in 13 different specialties to maintain A/OA-10 attack aircraft. They provide safe, properly configured aircraft in order to meet the flying-hour program for three different squadrons (the 354th Fighter Squadron, the 357th FS and the 358th FS), and develop and execute the scheduled maintenance plan



Senior Airman Russell W. Spurlin, 354th Aircraft Maintenance Unit, replaces a faulty external canopy switch. The switch opens the A-10's cockpit.



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Air Force Assistance Fund a success

Davis-Monthan exceeds 2005 \$100,000 goal

By Staff Sgt. Troy Hawkes

355th Wing Public Affairs

The 2005 Air Force Assistance Fund campaign drew to a close Tuesday.

The \$100,000 contribution goal set for Davis-Monthan was exceeded by more than \$2,500, said 1st. Lt. Heather Wayland, AFAF Installation project officer. "The 355th Wing, 12th Air Force and all our tenant units diligently made 100 percent contact with all personnel at home stations and deployed locations. My points of contact worked very hard to educate folks as to what the AFAF is all about and how we benefit as an Air Force family. My team worked ceaselessly to make the \$100,000 goal set for D-M. All ranks across the entire base donated to this worthy cause, demonstrating true family spirit."

The purpose of AFAF is to maintain an established fund allowing contributions to four sponsored charities: The Air Force Aid Society, The Air Force Enlisted Village Indigent Widow's Fund, The Air Force Village Indigent Widow's Fund and The General and Mrs. Curtis E. LeMay Foundation Indigent Widow's Fund.

"These charities benefit active-duty, reserve, guard, retired servicemembers, surviving spouses and families through emergency financial assistance, education assistance and an array of base and community enhancement programs," Lieutenant Wayland said. "The funds also provide rent subsidy and a wide spectrum of aid to widows and widowers of officers and enlisted Airmen."

"The AFAF is an excellent program that shows

one more facet of our commitment to nurturing not only our Airmen, but their families as well," said Col. Michael Spencer, 355th Wing commander. "Those Airmen and family members who need assistance can rest assured in the knowledge that they are part of our Air Force family and will be taken care of in difficult times."

The eight-week AFAF drive began Feb. 22. Group POCs began contacting every military member on D-M, as well as contractors and civilian employees, until the 100 percent contact goal was reached. Everyone was eligible to donate to the cause. In addition to traditional donations, various fund-raising events were held to benefit the fund. Fund-raising activities included a car wash, a boot donation drive that grossed more than \$600 and a golf tournament that raised approximately \$1.500.

One of the possible reasons for the success of this drive is the fact that donated money goes directly toward helping those in the Air Force family, according to Lieutenant Wayland.

"It's a true Airmen helping Airmen program targeted at aiding our own," Lieutenant Wayland said.

Last year more than 30,000 members of the Air Force family received benefits from the funds, totaling more than \$21 million in assistance.

"The sense of community and Air Force pride present at D-M is very evident," Colonel Spencer said. "You only have to look at the results of the drive to see that each Airman cares about not only himself, but his fellow wingmen and their families as well."

The Davis-Monthan Air Force Base timeline of sorties as of Monday

Squadron	Required	Flown	Annual	Squadron	Required	Flown	Annual
41st ECS	1189.7	647.4	2,449.2	162nd OSB	1,095.5	1,280.6	2,135.0
43rd ECS	1252.9	1188.4	2,350.8	354th FS	6,159.6	6,138.1	11,296.5
55th RQS	1584.1	1563.3	2,880.0	357th FS	4,804.0	4,792.8	8,966.0
79th RQS	834.0	901.8	1,451.0	358th FS	4,782.0	4,805.5	8,948.0

Airmen were saved from the consequences of driving under the influence by the Airmen Against Drunk Driving Program since Dec. 31. This is current as of April 18.

Call AADD at 850-2233

Fridays and Saturdays from 11 p.m. to 4 a.m. AADD volunteers provide rides.

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Emergency Numbers

Ambulance	.911	Base Operations228-4315
Casualty Assistance228-5	3686	Mortuary Officer228-5964 or 4414
(After duty hours)228-5	3121	(After duty hours)228-3121
Duty Chaplain228-5	5411	Command Post228-7400
(After duty hours)228-5	3517	355th Security Forces Crime Stop228-4444
Fire Reporting	.911	Safety228-5558
Public Affairs228-5	3204	(After duty hours)909-0316
(After duty hours)228-7	7400	Base locator228-3347
Fraud Waste and Abuse228-3	3177	TIPS Line228-TIPS (8477)

News Notes

Bracelets out of regulation

The colored bracelets supporting a cancer foundation and other foundations cannot be worn in uniform because they do not meet the conservative criteria outlined in Air Force Instruction 36-2903, Dress and Personal Appearance of Air Force Personnel.

355th Medical Group closure

The 355th Medical Group will close April 29 at noon for an official 355th Wing function. All services to include lab, radiology and both main and satellite pharmacies will be closed. For non-emergency health issues, contact the on-call provider at 228-2778.

Commander's access channel

The commander's access channel has moved to Cox channel 22.

Appearances, speeches

Military and civilian personnel are authorized and encouraged to speak to audiences unfamiliar with the Air Force. For more information on the Base Speakers Bureau, contact the 355th Wing Public Affairs office at 228-5091.

Putting children at risk

It has been brought to the attention of the 355th Security Forces Squadron that base personnel are attempting to circumvent the stop sign (adjacent to the Main Exchange, Commissary and Child Development Center) by "cutting" through the CDC parking lot. This is a very dangerous practice and places our children at risk. Steps will be taken to alleviate this situation.

AETC briefing comes to D-M

The Air Education and Training Command Special Duty Assignment Team will host a Special Duty Assignment briefing for individuals interested in becoming a Recruiter, Military Training Instructor, Military Training Leader, Technical Training Instructor, or Professional Military Education Instructor May 19 in the First Term Airman's Center, Building 4101 at 8:30 a.m.

The team can expedite the processing of an applicant's special duty application if they bring the completed application with them to the briefing. To obtain a copy of the AETC special duty application, contact the Wing Career Advisor, Senior Master Sgt. Crystle Flowers at 228-0141.

Terrorism history

April 25, 1988, Hagop Hagopian, leader of the Armenian Secret Army for the Liberation of Armenia, also known as the Orly Group, 3rd October Organization, was shot dead in his home in Athens, Greece by two gunmen. No group claimed responsibility for his murder. Desert Airman April 22, 2005

There's nothing to do at D-M!

UDTF encourages Airmen to say no to alcohol, get out of the dorm

By Senior Airman Cat Casaigne

355th Public Affairs

Underage Airmen may come to Davis-Monthan wondering what there is to do socially, and as they try to find something, they may get trapped in the downward spiral of underage drinking.

"Sometimes avoiding underage drinking can take more than determination and a strong will," said Lt. Col. Cassie Barlow, Underage Drinking Task Force Focus Committee chair. "Sometimes, it requires a little creativity."

Colonel Barlow said that Airmen sometimes go along with the crowd to drink instead of choosing other safer activities

"D-M and Tucson both offer plenty of things for young Airmen to do," said Maj. Christopher Lavallee, UDTF Prevention Committee Chair. "Tucson has great hiking and outdoors activities. We are also close to many attractions, like Tombstone and Tubac."

For more information on the different things to do in Tucson, Airmen should visit the Tucson Visitors' Center in downtown Tucson located on Church Avenue, said Lt. Col. Dave Carrell, UDTF chair.

D-M, on the other hand, offers its Airmen trips through Information, Tickets and Travel; volunteer opportunities through the Family Support Center; intramural sports through the Fitness Center; recreational activities through the 355th Services Squadron; and places to hang out, like

Stormy's Café at the Community Center and The Ground Floor, Colonel Barlow said.

"In an effort to give young Airmen more options, the UDTF has scheduled at least one event every month for underage Airmen to have fun without the presence of alcohol," Colonel Barlow said. "Our next event is tonight and is sponsored by the 357th Fighter Squadron."

2nd Lt. Erin Peterson, 357th FS, is the project manager for April's UDTF event, movie night. All D-M Airmen living in the dorms are welcome to bring their lawn chairs and come out to Bama Park. There will be a drive-in style jumbo screen showing two great movies: "We Were Soldiers" and "Dodgeball."The first movie starts at 8 p.m. Admission is free and guests are welcome. Food is available for those who bought food tickets through the first sergeants, she said.

"We're also very lucky to have the community involved as well," Lieutenant Peterson said. "We've received donations from local grocery stores and one of our own DM-50 members, Dorothy Finley, donated the majority of the food for the event. She bought a 'Picnic for 150' at the Officers' Spouses' Club Annual Gala Saturday and graciously gave it to the UDTF for our Movie Night tonight. The picnic package has enough hot dogs, sausages, ribs, chips and drinks to feed more than 150 people. Needless to say, our Airmen will be eating well!"

May kicks off the start of 101 Critical Days of Summer, the time of the year when accidents tend to increase and the UDTF will be out full force throughout the summer to encourage safe nonal-coholic fun," Colonel Carrell said. "In May, we plan to have a paintball tournament on base, hosted by the 355th Medical Group, as well as educating Airmen about the risks involved with drinking underage as part of the 101 Critical Days of Summer awareness program."

In June, the UDTF plans to have a midnight basketball tournament at the basketball courts around the dorms. A spades tournament in the dormitory day rooms is scheduled for July, followed by a dormitory block party in August; a Texas Hold'em Tournament in September; midnight bowling in October; a volleyball tournament in November and a skiing trip in December.

"Look at the Desert Airmen to know where and when each event will take place," said Capt. Jennifer Jenkins, UDTF Education Committee chair. "Information will also be available through first sergeants and posted in the dormitory day rooms. Our goal is to create an environment for our Airmen to come and relax where no pressure is being put on them to drink and by doing so this allows for young Airmen to also bring their families to have a great time."

"The temptation to drink underage is high," Colonel Carrell said. "But we hope that by educating young Airmen and providing alternate activities to drinking, we arm our young Airman with the strength to say no. These activities are planned with them in mind and they help every step of the way."

Awards

Continued from Page 1

you're recognized for doing an outstanding job it helps the team to understand that the long hours of work and training do not go unnoticed." The willingness to work as a team and

look out for each other sets The Inn at Davis-Monthan apart from other entries.

The evaluators were not the only ones to notice the inn team's work ethic.

"It's amazing to watch our base personnel continue to not only set the highest goals as a team, but to achieve goals as a team as well," Colonel Spencer said. "They work hard all year and I think it's fantastic they're being recognized at this level. D-M's personnel continue to prove their mettle at the Major Command level. Whether as individuals or as an entire unit, the Desert Lightning Team continues to show over and over again why we're an exceptional group of men and women."

By working as a team, two individuals were also recognized by ACC

"Although this is considered an individual award, it would not have happened without all the outstanding lodging professionals that work here at D-M, the best large lodging operation in the (Air Force)," said Dan Baker, lodging general manager of The Inn at Davis-Monthan.

"I would expect nothing less from our personnel than their best," Colonel Spencer said. "Thank you for everything you do day in and day out. This is your moment in the sun and

(Left) Dan Baker (left) and David Ruiz, both from the 355th Services Squadron, go over financial paperwork at The Inn on Davis-Monthan. Mr. Baker recently won the Air Combat Command Individual Services Award for Outstanding Civilian Manager. Mr. Ruiz recently won the ACC Innkeeper Traveler of the Year.

each of you deserves it. I am confident we will continue to succeed well into the future."



hoto by Airman 1st Class Clark Staehl

(Above) Senior Airman Mario Wiggins, 355th Services Squadron, assists a customer on the phone at The Inn at Davis-Monthan. The Inn at Davis-Monthan won the 2005 Air Combat Command Innkeeper Award, large-base category, for the second year in a row.



Heart Link gives dependents information, sources for help

By Senior Airman Brandy Dupper-Macy

355th Wing Public Affairs

When many people join the military, they learn new acronyms and jargon they had never heard. Through training they learn what the words mean. But for those on the sidelines, hearing it often times makes no sense.

In an effort to help those at home become more familiar with such language, the Family Support Center offers the Heart Link Program.

"The overall objective of the program is to increase retention of members in the Air Force by increasing spouse awareness of the resources and services available to them," said Tommie Rearden, 355th Mission Support Squadron community-readiness consultant. "This will enable spouses to make better use of the community resources supporting them and their families whether they have been attached to the military one month or 18 years."

"The program gives spouses a chance to understand what the Air Force is about and can help spouses make new friends," said Chief Master Sgt. Cobb, 355th Wing command chief.

Heart Link focuses on increasing awareness of the Air Force mission and how one fits in; awareness of customs, traditions, rank and protocol; knowledge of entitlements and benefits; increasing awareness of resources and services available; improving communication between spouses, sponsors and families; more self-referrals to support services and programs; increasing the ability to cope with change; less separation anxiety (fewer early returns from deployments, temporary duty assignments and remotes); increasing healthy parenting; decreasing self-defeating behavior; improving preparedness in the event of a casualty or fatality; and less anxiety during natural-disaster and mass-casualty situations.

Throughout the day-long program, family members will learn about the Air Force with lectures and other measures.

"The program is a full day of fun and activities for the spouse and the presenters," Mr. Rearden said. "The program consists of a mixture of presentations by (Col. Michael Spencer) the Wing commander and experts from many of the base agencies that make up the (Community Action Information Board) and (Integrated Delivery System). Interactive games and exercises are used throughout the day to make the learning enjoyable and memorable. The activities are linked to specific program outcomes."

In addition to the knowledge gained, family members will not leave empty-handed.

"Each spouse will receive a tote bag, Spouse Coin, pen and a number of handouts to take home," Mr. Rearden said. "It is recommended that prizes be awarded for competition in the games." The next Heart Link will be May 26 from 8 a.m. to 2:30 p.m. at the Desert Dove Chapel. A working lunch will be provided. Child care will also be provided, if needed, at the chapel by volunteers to allow maximum participation.

Due to limited seating and volunteers, spots can fill up fast.

The recommended seating is 20, Mr. Rearden said. However; other factors may be considered, such as the size of the meeting room, available child-care volunteers, as well as possible circumstances of the individual wanting to attend. People interested in attending need to register at least two days prior to the event so food can be ordered.

For those who would like to help by volunteering with planning the program, inviting and contacting potential attendees, setting up the afternoon before Heart Link, or volunteering for child care at the chapel, call Rhonda Hooks at 228-5690. If there is no answer, leave the volunteer's name and contact information.

"The last Heart Link found seven spouses unable to attend at the last minute due to child care being unavailable," Mr. Rearden said.

"The family, as a whole, has input on the military member making a career in the Air Force," Mr. Rearden said. "If the member knows his family has someone to contact in times of need, he or she is able to concentrate on the job at hand much easier and not worry about the family's needs."

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CRIME& Punishment

Davis-Monthan Article 15s from April 4 through 15

- ♦ A staff sergeant from the 355th Equipment Maintenance Squadron received a suspended reduction to senior airman and 15 days extra duty for failing to follow a technical order. This was a violation of Article 92 of the Uniform Code of Military Justice.
- ◆ A senior airman from the 355th Aircraft Maintenance Squadron received a suspended reduction to airman first class, forfeitures of \$100 pay and 14 days extra duty for failing to report to duty. This was a violation of Article 86 of the IICMJ
- ◆ An airman basic from the 355th EMS was **discharged** with a general characterization for **minor disciplinary infractions** supported by two Article 15s and one Record of Individual Counseling.
- ◆ An airman basic from the 755th Operations Support Squadron was **discharged** with a general characterization for **minor disciplin**-

ary infractions supported by two Article 15s, one Record of Individual Counseling and four LORs.

- ♦ An airman from the 355th Aerospace Medicine Squadron was discharged with a general characterization for a pattern of misconduct supported by one Article 15, three Records of Individual Counseling and two LORs.
- ♦ An airman first class from the 355th Maintenance Operations Squadron was discharged with an honorable characterization for unsatisfactory performance supported by two Career Development Course failures.

Area Defense Counsel tip of the week

Did you know that you have the right to refuse to consent to a search or seizure upon being asked to do so by security forces or Office of Special Investigations?

For more information, contact Capt. Roger Picker or Tech. Sgt. Ricardo Lopez, the Area Defense Counsel, at 228-5664.



Photo by Airman 1st Class Clark Staeh

And the winner is ...

(From left to right) Jerry Copenhefer, Defense Commissary Agency store director at Davis-Monthan; Col. Cesar Rodriguez, 355th Mission Support Group commander; Staff Sgt. Melida Castano, 355th Medical Support Squadron; Sandy Daniels, Unilever and Continental district manager; and Tech. Sgt. George Castano, Detachment 3, Air Combat Command Training Support Squadron, pose for the camera at the Commissary Monday. Sergeant Castano won the 2005 Toyota Tacoma that Unilever and the D-M Commissary gave away.



The number 6 F-16 Fighting Falcon, flown by Maj. Brian Farrar takes off April 3, to begin the Thunderbird's performance at the 2005 Aerospace and Arizona Days.

hotos by Airman 1st Class Christina Ponte

Searching for help

Thunderbird Demonstration Team seeks Airmen to volunteer

By Staff Sgt. Josh Clendenen Thunderbirds Public Affairs

The United States Air Force Air Demonstration Squadron is looking for professionals to join an elite team known worldwide for their precision flying and community involvement.

Currently, there are more than 25 career fields in need of volunteers throughout the Thunderbirds.

"The Thunderbirds have more than 34 career



Master Sgt. Alan Tolksdorf stands at parade rest as he waits to marshal one of the Thunderbird F-16 Fighting Falcons before it taxis out to the runway. Sergeant Tolksdorf is the Production Superintendent for the Thunderbird's team out of Nellis Air Force Base, Nev.

fields represented in the squadron," said Chief Master Sgt. Ted Field, chief enlisted manager of the Thunderbirds. "We have a job for just about everyone out there."

The Air Force Specialty Codes needed in the Thunderbirds are 1C0X2 operations, 1T1X1 life support, 2A3X2ABC avionics, 2A3X3B F-16 crew chief, 2A6X1A engines, 2A6X2 aerospace ground equipment, 2A6X3 egress, 2A6X4 fuel systems, 2A6X6 elect/enviro systems, 2A7X3 structural repair, 2E1X3 ground communication, 2T2X1 air transportation, 2R0X1 analysis, 2R1X1 plans, scheduling, documents, 2S0X1 supply, 2W1X1 weapons, 3A0X1 info management, 3N0X1 public affairs, 3N0X2 broadcasting, 3S0X1 personnel, 3S2X1 training, 3V0X1 graphics, 3V0X2 photography, 6F0X2 finance, and 8F000 first sergeant.

"Just because your career field is not listed doesn't mean we're not accepting applications," Chief Field said. "Anyone can submit an application for a job in one of the career fields we have. We'll keep the application on file for six months and if a job comes open we will look at the applications we have and we'll try to fill them with those."

Once the job is filled, the new applicant comes to the squadron and enters the 21-day training program.

"The program is designed to teach all new team members the history and heritage of the squadron. After 21 days, the team member will meet a board and on their 22nd day, they'll patch in front of the entire squadron," Chief Field said.

Shortly after the team member patches, they will start traveling with the team. One of the common misconceptions about the travel associated with the Thunderbirds is the team is gone all the time.

"We do travel across the United States and in some cases, across the world," Chief Field said. "But we're not gone all the time. We have a good amount of time at home." During the season, a typical week begins on Thursday when the team deploys to its show site. Pilots fly their respective aircraft and support personnel typically use a C-141 or C-17. As soon as the jets touch down, technicians recover their respective aircraft and perform post-flight tasks. Meanwhile, public affairs prepares for enlistment and reenlistment ceremonies, media interviews and orientation flights.

Communications specialists videotape the arrival and landing. The advance pilot, having arrived the day before, briefs the team on everything from transportation to the weather. Friday is usually a practice day, giving the Thunderbird pilots an opportunity to become familiar with the terrain and landmarks of the area. Crew chiefs and their assistants attend to preflight tasks.

After the practice flight, the team meets with members of the community whose special needs might preclude them from attending a crowded show. On Saturday and Sunday, the team will fly their full show and meet with the crowd to sign autographs for approximately 30 minutes.

Monday, the team will head back to Nellis Air Force Base and go back to work Tuesday.

"It seems really busy, and to some extent it is; but the people you get to meet with on the road make it all worth while," Chief Field said.

Another misconception about the Thunderbirds is when it comes to pay. While an assignment to the team is a special duty, no one receives special duty pay. An assignment to the team for an enlisted member is three years and for an officer is two years.

"The bottom line is, an assignment to the Thunderbirds is the chance of a lifetime," Chief Field said. "I encourage you to take that chance and become not only a part of history, but become a part of a team that is known for professionalism."

Air Force announces Thrift Savings Plan open season

RANDOLPH AIR FORCE BASE, Texas — Civilian and military employees can now sign up for, or change their Thrift Savings Plan contribution amounts during the "open season" through June 30.

"TSP is a long-term retirement savings plan, which everyone should consider," said Ms. Jackie Holland, task manager at the Air Force Personnel Contact Center. "It's a great supplement to military and civilian retirement plans."

"It's also important to note that TSP is not limited to investing in stocks," Ms. Holland said. "People can choose safer government securities as well."

This open season applies only to regular TSP contributions. It does not include TSP catch-up contributions, as they are not tied to open seasons, according to Janet Thomas, of AFPC's civilian benefits and entitlements service team.

TSP offers investors the chance for lower taxes each year they contribute while not having to pay taxes on earnings until they reach retirement.

"Eligible employees can take out loans and make in-service withdrawals from their TSP accounts," Ms. Thomas said. "And you can keep your account, even if you leave military or federal civilian service."

Investment money is deposited directly from each paycheck "so you never have to think about it," Ms. Holland said. "That makes it easy to 'pay your-

self first' while only investing what you deem appropriate."

The five TSP funds are: the Government Securities Investment (G) Fund; the Common Stock Index Investment (C) Fund; the Fixed Income Index Investment (F) Fund; the Small Capitalization Stock Index Investment (S) Fund; and the International Stock Index Investment (I) Fund. TSP also hopes to make "Lifecycle" funds available mid-2005. Lifecycle funds are 'target asset allocation portfolios' that will hold a mix of the five funds currently available. The mix of funds is chosen based on the date the employee expects to need money for retirement. The Thrift Board is still working out the details. In the meantime, a series of questions and answers on the lifecycle funds can be found on the TSP Web site at http://www.tsp.gov/curinfo/specint/ LFC-Qs&As.html. Additional publicity will be issued when final details become available.

"As with any individual retirement account, the sooner you begin contributing, the better," Ms. Thomas said

Contribution elections and/or changes made between now and June 11 will take effect June 12, for both military and civilian personnel. Changes made on or after June 12 will become effective at the beginning of the pay period following the one in which the election is made for civilians and the following month for military.

Public Law 108-469, signed into law Dec. 21,

2004, will eliminate TSP open seasons. The Federal Retirement Thrift Investment Board is implementing this law effective July 1, 2005. As a result, beginning July 1, civilian employees and military members may start, change, stop or resume contributions at any time. For civilians the elections will be effective at the beginning of the pay period following the one in which submitted, and for military members elections will be effective the following month.

Some of the specifics of the program include:

- ♦ Military members can enroll through the Defense Finance and Accounting Service Web site at http://www.dfas.mil/emss/. They can also enroll by filling out a form TSP-U-1 at local military personnel flights, finance offices and family support centers
- ◆ Specific TSP information is available for Air Force military personnel at http://www.afpc.randolph.af.mil/mpf/TSP/thrift-savings-plan.htm.
- ◆ Specific information is available for civilian employees from the Thrift Savings Plan Web site at http://www.tsp.gov/ and the BEST homepage at http://www.afpc.randolph.af.mil/dpc/BEST/ menu.htm.

More information about the Thrift Savings Plan can be found in the booklet "Summary of the Thrift Savings Plan" on the TSP home page under civilian or uniformed services TSP Forms and Publications.

Containing your inner workaholic

By Lt. Col. William E. Starr

Chief of C4 readiness and current operations

F.E. WARREN AIR FORCE BASE, Wyo. — One summer evening, shortly after arriving at my new assignment, my boss strolled by my house and saw my wife and children sitting on our front porch. He asked her where I was. My wife told him I was still at the office. When she relayed this to me, in the egotistical corner of my heart I secretly hoped he was impressed by my work ethic.

The next morning, my boss called me. I expected a verbal pat on the back for my diligence and hard work. Instead, he asked me what I was doing so late at the office and asked if I had been doing that every night since taking over. I told him I had indeed been working late every night.

Contrary to the kudos I expected, he told me anyone could be a workaholic and achieve great things professionally. He had hired me to perform and excel in not one but two areas: my professional and personal life.

This incident gnawed at the back of my mind and caused me to do a lot of introspection. I examined my professional, family and personal life and found that they were not in balance. So I made a commitment to myself to work on achieving a better balance in these three areas. This is what my little voyage of self-discovery revealed to me.

My professional life: I've always been a competitive person by nature, and I do not think there are many people who hang around in our profession who are not. I discovered over the

"I found out a very simple truth. I was a workaholic because I was afraid to fail in my professional life."

Lt. Col. William Starr,

Chief of C4 readiness and current operations

years I had slipped into a pattern of late work hours, bringing work home, going in on the weekends and never quite mentally disengaging from the office. I justified this by trying to stay competitive with my peers and to make sure my work output was beyond reproach. Do not get me wrong, mission dictates a lot of long, hard work for all of us and when duty calls, we must answer.

However, I am talking about putting in the long hours simply because it has become a habit that becomes the major focus in your life.

My family life: In conjunction with my slow drift into being a workaholic, I discovered I had put in very little quality time with my family. My excuse was always there was work that had to be done so I was going to be home late. My day had been rough, so I was going to lie on the couch and vegetate for a while. Stress from work became my excuse to not get involved at home.

My personal life: Growing up, church and sports were a big part of my life. Over the years, without realizing it, I had reduced my worship to only the major holidays and my physical activity to the bare minimum required to pass the annual physical-fitness test. Again, my excuse to myself was I was at the office on Saturday, so my only chance to relax was Sunday; therefore, I could not go to church or some equally rationalized excuse. My failure to routinely participate in sports and physical activity fell along the same lines.

After looking at these three areas of my life and realizing things were sufficiently out of whack, I made a conscious decision to achieve balance. The first thing I did was to leave the office one day at (gasp) 4 p.m. It was a hard thing to do; but believe it or not, the office actually kept running without me and the world did not come to an end. I cannot leave every day at that time; but when the end of the normal duty day comes around now, I do a quick inventory of what needs to be done. I spend a lot fewer late nights in the office and things still actually get done.

I found out a very simple truth. I was a workaholic because I was afraid to fail in my professional life.

What I discovered was once I was able to take the risk to slow down at work and placed more emphasis on my family and personal life, my professional performance actually improved. I was able to get more done in less time. I was less stressed out and was nicer to the folks at work and, all in all, I enjoyed all the facets of my life more.

Having said that, I must be honest and tell you that I'm writing this while sitting on an airplane on the first day of our family vacation.

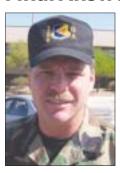
Old habits die hard.

Enlisted Spouses Association needs members

The Enlisted Spouses Association is currently in need of members. The ESA holds monthly meetings the third Tuesday of each month at the Hope Chapel. The meetings run from 6:15 to 8 p.m. Anyone interested in becoming a member of the ESA should be the spouse of an enlisted servicemember. Retirees may also join ESA. Anyone interested in more information should attend one of ESA's monthly meetings.

Final Answer

$-\,$ What is the best assignment you have had in the Air Force and why?



Master Sgt. Christopher Cochran 355th Maintenance Group

"The best assignment I've had was Hurlbert Field, Florida because of the excitement of special operations."



1st Lt. J. Harmon 48th Rescue Squadron

"My best assignment was Kandahar, Afghanistan, because we saved so many lives and made a difference. I also met the commander, command chief and historian of Air Force Special Operations Command, and I got to grow a beard."



Staff Sgt.
Rodney Ignacio
355th Logistics
Readiness Squadron

"My best assignment was the Utah Test and Training Range. We had a four-day work week. My job was to purchase parts for civil engineering."



Master Sgt. Kevin Herre 355th Aircraft Maintenance Squadron

"Hickam Air Force Base in Hawaii was my last assignment. I was there for six years. I love the ocean."



Master Sgt. Duane Judy 355th Wing

"Andersen Air Force
Base in Guam because
of the unique mission
supporting Operations
Enduring Freedom and
Iraqi Freedom. It was
also the first U.S. soil
that repatriated U.S.
remains went to. In
addition, it is rich in
World War II history, it
was a living history
lesson."



Capt.
Stacey Frechette
355th Communications
Squadron

"My best assignment was Royal Air Force, Fairford. It was a very small base so you had the opportunity to get to know the coworkers better than you would stateside. I also enjoyed it because of the overall environment and culture I was exposed to."

ADC offers Airmen, families help

Tech. Sgt. Ricardo Lopez

Defense paralegal

The Area Defense Counsel is a licensed attorney certified to practice before military courts. The ADC is assisted by one paralegal and is located on the third floor of Building 3510, the 355th Services Squadron building.

The main priority of the ADC is to aid members in adverse administrative, judicial and nonjudicial actions. Courts-martial, discharge boards, Article 15s and notification discharges consist of most of the actions the ADC deals with.

The most important thing about the ADC office is that it is not part of the 355th Wing or Davis-Monthan Air Force Base.

Neither the ADC nor the defense paralegal reports to the base legal office, the 355th Wing, 12th Air Force or any other D-M unit or anyone in Air Combat Command. The ADC office is essentially a tenant unit here to serve the D-M military community. The ADC's chain

of command runs through the Air Force Legal Services Agency, which is also an independent unit. As a result, there is no local command influence on the advice or tactics the ADC provides to the client.

Additionally, because the ADC is a licensed attorney, the attorney-client confidential communications privilege applies to anything a member tells him. The defense paralegal is included in this privilege when they act on behalf of the ADC.

Keep in mind there are only two types of people who have a confidential communications privilege — attorneys and clergy.

At Davis-Monthan, there is only one attorney and one paralegal to deal with any criminal matters.

At times, when the workload is high, there will be a need to find an ADC from another base to help a client.

Those who need legal advice and are not comfortable going to the base legal office can contact the ADC at 228-5664.

Air Force Sergeant's Association names First Term Airman of the Year

By Airman 1st Class Clark Staehle 355th Wing Public Affairs

The Air Force Sergeant's Association has named the First Term Airman of the Year.

Airman 1st Class John McCormick, 755th Aircraft Maintenance Squadron, was named the Air Force Sergeant's Association Chapter 1261 FTAY at Davis-Monthan.

"The FTAY should encompass the full person concept, striving to be a better person on duty and off duty," said Staff Sergeant Joel Johnson, computer security manager with the 355th Communications Squadron and Air Force Sergeant's Association trustee. "Strength of character and determination are a must."

Air Force Sergeant's Association is an organization dedicated to improve the quality of life and economic fairness of enlisted Airmen in the Air Force, Sergeant Johnson said.

The AFSA is a world-wide orga-

nization, so the First Term Airman of the Year award can be competitive.

"Although there is typically an AFSA chapter at every base, this is actually considered an AFSA-chapter award, and the recipient was chosen from a pool of candidates from the 355th Wing and tenant units," Sergeant Johnson said.

Now Airman McCormick will compete at the division level in Colorado, and then on to the international competition in Dallas, Texas, Sergeant Johnson said.

Each squadron nominates an Airman for the award, Sergeant Johnson said.

Because of this, there is a lot of competition.

"Set personal and professional goals and work hard to achieve those goals," Sergeant Johnson said is his advice for any first-term Airman who want to win the award. "Make sure to take the time and sit down with your supervisor or mentor and lay out your plan for success."



Sonoran Spotlight

(Editor's note: Sonoran Spotlight is a weekly feature of the Desert Airman that profiles a member — officer, enlisted or civilian — of Davis-Monthan Air Force Base.)

This week's Sonoran Spotlight is Staff Sgt. Tara Cotton of the 355th Comptroller Squadron. Sergeant Cotton is a finance customer service team chief. According to her additional-duty first sergeant, Master Sgt. Scott Dougan, she was nominated for the spotlight because she, "is the local continuity of her section and is a tremendous leader who goes the 'extra mile' for her troops."

The following are Sergeant Cotton's responses to a variety of questions.

Why did you join the Air Force? To travel and for the educational benefits.

What are your main job

responsibilities? To provide direct mentorship to four Airmen and to ensure customers leave my office satisfied.

What are your career goals? To get my degree and achieve chief master sergeant. What are the best aspects of the job? Seeing a smile on a customer's face and watching the troops learn and grow. What is your most memorable moment in the Air Force? When I missed staff sergeant the first year by three tenths of a point.



Photo by Senior Airman Brandy Dupper-Macy

What is the best advice you have received in the Air Force? Take advantage of the 100 percent tuition assistance.

Name someone who inspires you (or who you admire): My mother. She is my best friend, my mentor and my mom.

D-M Airmen join CDC 90s club

Most career fields in the Air Force have Career Development Courses, which have an end-of-course exam requirement for earning the higher skill levels. While Airmen must score a 70 or above, the following Airmen demonstrated "excellence in all they do" by receiving a score of 90 or above on their exams.

25th Operational Weather Squadron: Airman 1st Class Ryan Kardell; 355th Aircraft Maintenance Squadron: Senior Airman Loren Cossette, Airman 1st Class Julie Mims and Airman 1st Class Aaron Williams; 355th Equipment Maintenance Squadron: Senior Airman Francisco Mateo, Airman 1st Class Eric Nelson, Airman David Otis, Senior Airman Mark Wilson and Airman 1st Class Patrick Worrell; 355th Logistics Readiness Squadron: Airman Megan Lara, Airman Nicole McEnany and Airman Steven Owens; 563rd Maintenance Squadron: Airman 1st Class Nicholas Weisgerber and Airman 1st Class Grant Wilhelm: and 612th Air Communication Squadron: Airman Mark Meister.

D-M bugs out over pests

By Airman 1st Class Clark Staehle

355th Wing Public Affairs

"We try to make the work environment safe and free of things that can be a nuisance, or harmful to people," said Staff Sgt. Timothy J. Thomas, NCO in charge of Pest Management at Davis-Monthan.

Sergeant Thomas's job is to take care of all things crawling, slithering and buzzing on D-M.

On the outside, the Pest Management building is just four non-descript walls, like almost any other building on base

The difference is on the inside of the building.

Opposite of the entrance sit several wooden boxes with clear plastic tops and several aquariums.

Inside two of the wooden boxes are rattlesnakes, both found on D-M, Sergeant Thomas said.

Closer inspection of the aquariums reveal more snakes of different breeds also found on D-M. One aquarium contains a tarantula

Across from the aquariums are cages full of feeder mice, which are used as food for the snakes kept in the lab.

Pest Management is not just for snakes and spiders, they also take care of all types of bees on D-M, Sergeant Thomas said. Bees are removed using a solution of soap and water, or an aerosol spray if they are harder to get to. Honey bees are left alone if they are not causing a problem.

In addition, ants, mice, rats, roaches and birds fall under Pest Management's control.

Pest Management will also take care of termites, rodents and mosquitoes, said Senior Airman Danielle Gonzalez, 355th Civil Engineer Squadron.

Pest Management provides an important role on D-M.

"You need this shop because we take care of the bees, other insects, snakes and wild animals," Airman Gonzales said. "There are diseases, poisonous snakes and Africanized bees out there."

"If you leave the animal alone most times it will just go away without causing any harm," Sergeant Thomas said.

Animals beneficial to D-M's ecosystem, like snakes, are released back onto a remote part of base because they help control rodent populations, Airman Gonzales said.

Anyone who wants to put in a job order to remove a pest on base should call 355th Civil Engineer Squadron customer service desk at 228-3171, Sergeant Thomas said. Base housing is serviced by a separate contractor.



Photos by Airman 1st Class Clark Staehle

(Above) Staff Sgt. Timothy J. Thomas, 355th Civil Engineer Squadron, shows off a snake found on Davis-Monthan.

(Left) Staff Sergeant Timothy J. Thomas, 355th Civil Engineer Squadron, prepares to unscrew the plastic face of a snake cage.



Staff Sgt. Timothy J. Thomas, 355th Civil Engineer Squadron, safely holds a rattlesnake found on D-M in place with a special tool.

Personal relationships

Those wanting a better attitude should look at their friends

"Finally, brothers, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable — if anything is excellent or praiseworthy — think about such things." -Paul of Tarsus.

By Chaplain (Capt.) Matthew Boarts

355th Wing chapel

One of the best things we can do to have a positive outlook in life is associate with positive people. This is a simple concept in print but a hard concept to put into action. The cliché 'misery loves company' is all too true.

Complaining can be quite entertaining. That is why so many people engage in it on a regular basis. It is fun to point out mistakes others have made. When we point out the failings of others it often makes us feel better about ourselves.

Complaining has to be shared; it does not do much to complain to ourselves. Complaining does not bring much enjoyment when kept private. So we find another person or a group who will listen to our complaint and enjoy it with us. Then we listen to their complaints and enjoy their griping in return.

Soon a pattern is established and whenever



we are with those people, we are griping. We begin to look for newer and bigger complaints. This leads to a warped view of the world that can be rather depressing. We expect the worst from others, and even bring the worst out of those around us. This pattern continues to lead downward taking us to dissatisfaction and general unhappiness even though we might feel good while we are complaining. And complainers are often marginalized and lose opportunities to be meaningfully involved in their community.

It does not have to be this way. We have a choice. We can look to the positive side of life. While many bad things happen in this world,

many good things happen as well. And the good things are just as deserving of our attention as the bad things.

If we associate with people who are generally positive, we will find our own outlook on life becomes positive. Positive people are focused on building and helping. They build new things, they help people in need, they improve the world rather than just talk about bad things.

Positive people do not deny that there are problems in the world. Positive people look at problems as challenges to be overcome. Positive people are optimistic that they will prevail over the problems around them. They are confident that they can make a difference — and they do make a difference.

The price of associating with positive people is that we also must be positive. It can involve a learning curve if we have been used to complaining a lot. But the rewards are well worth the effort.

Begin by smiling and finding things to compliment. Also, look for groups of people who are at the center of planning and organizing activities. Get involved with such an active group. You will find that your life will become much richer as a result.

Professional show basketball team offers D-M competition, laughter

By Stephanie Ritter

355th Wina Public Affairs

High-flying slam dunks and dynamic basketball-handling all centered around a comedy routine may sound like an expensive night of entertainment. However, it is just the type of action the Davis-Monthan community will be treated to at the Sports and Fitness Center Saturday.

The Harlem Ambassadors Show Basketball Team will take to the court at 5 p.m. This free event will feature a variety of basketball talent and improvisational humor. Included in the line up is Ladè Majic, the only female coach and player on an all men's professional team. Ladè Majic has played more show basketball games than any woman in history.

While here, the Harlem Ambassadors will compete against more than each other.

"They (will play) against D-M personnel," said Tech Sgt. Kevin LeBrie, 355th Services Squadron fitness and sports superintendent. "They will play against four separate teams and the teams will play one quarter each."

According to Sergeant LeBrie, a team made up of group and squadron commanders and deputies will play the first quarter. The second quarter will feature D-M's over-30 intramural basketball champions and the winner of the under-30 intramural basketball playoffs will compete in the third quarter.

The final quarter will include the Harlem Ambassadors playing against D-M's varsity basketball team.

"These games are not rigged and the outcome is not predetermined," said Brian Anthis, 355th SVS marketing department illustrator. "They are touring many bases around the globe to provide an evening of entertainment in support of our troops and to help increase morale. The Ambassadors are amazing to watch and it's an event

the whole family will enjoy."

According to their Web site, http://www.harlem ambassadors.com/, the mission of the Harlem Ambassadors is to deliver a quality basketball show to their audience. The show is designed to be a wholesome entertainment product for customers of all ages.

While Saturday's event is free, individuals are encouraged to obtain tickets.

"If you show up to the door without a ticket, you will be seated only after all other ticket holders," Mr. Anthis said. "There are several ways to acquire tickets; Saturday from noon to 1 p.m. the Harlem Ambassadors will visit with the D-M community and hand out tickets during the Spring Fling at Bama Park, In addition, Information, Tickets and Travel and the D-M Sports and Fitness Center have a handful to pass out. These are on a first-come first-served basis."

People are allowed only five tickets each because of limited seating.

The Sports and Fitness Center will close to regular business at 2 p.m. for security, set-up and practice for the event, Sergeant

To compensate for the closure, the Haeffner Fitness Center will be open from 2 to 8 p.m.

Sports Shorts

Hours of D-M's outdoor pool

The Outdoor Recreational Pool is currently set to open April 30 with the summer season lasting until Aug. 14. Hours of operation during the summer season for recreational swim and open swim are Monday from noon to 5 p.m., Tuesday through Friday from 11 a.m. to 5 p.m. and Saturday and Sunday from 10 a.m. to 5 p.m. Adult and family swim are Monday through Thursday from 5 to 8 p.m. The hours for lapswim time are Monday through Friday from

Daily fees are \$1.50 for adults, \$1 for children over the age of 2 years and \$3 for guests to Davis-Monthan. There is no fee for children under 2 years or for lap swim. A season pool pass is good from April 30 until Sept. 30. The cost is \$35 for one person, \$50 for two people, \$65 for

three people, \$75 for four people and \$85 for five people. The D-M community can also make reservations to host pool parties from 5 to 10 p.m. Friday, Saturday or Sunday nights. Pool Party fees will be \$1.50 per person with a minimum non-refundable \$80 charge. Reservations and payment must be made in person, a minimum of two weeks in advance. For more information, call 228-0015 or 228-3736.

Indoor triathalon

The Davis-Monthan Sports and Fitness Center will host an indoor Triathalon Monday, Tuesday and Wednesday. The event will include a 300-meter swim, a 10-mile bike ride and a 1.5mile run. The bike ride will include bikes on level five. To sign up, visit the lifeguard office at the indoor pool. For more information, call 228-0015.

Fitness Center Classes

The following are classes offered at the Fitness and Sports Center and Haeffner Fitness Center. When applicable, class fees are listed. (* See instructor for fee information.) For more information regarding the classes, call 228-0021.

Monday

6 to 6:30 a.m. - Abdominal Class - Fitness Center 9 to 10 a.m. - Medium Intensity Water - FC

11 a.m. to noon - Pilates - \$2 - FC

 $11\ \mathrm{a.m.}$ to noon - Step Aerobics - Haeffner

Noon to 1 p.m. - Step and Sculpting - Haeffner 5 to $5{:}50$ p.m. - Dang Soo Do (8-14 yr olds, white and yellow belts) - FC *

5 to 6 p.m. - Step Aerobics - Haeffner

6 to 6:50 p.m. - Dang Soo Do (8-14 yr olds, orange belts and up) - FC 3

6 to 7 p.m. - Yoga - \$2 - Haeffner 7 to 8 p.m. - Dang Soo Do (15 years plus) - FC*

Tuesday

8 to 8:45 a.m. - High Intensity Water - FC Noon to 1 p.m. - Circuit Training - Haeffner

5 to 6 p.m. - Spinning (Intense) - \$2 - Haeffner

5 to 6 p.m. - Step Aerobics - \$2 - FC

6 to 7 p.m. - Pilates - \$2 - Haeffner

6 to 8 p.m. - Self Defense (Kyokushin) - \$25/month -FC

Wednesday

6 to 6:30 a.m. - Abdominal Class - Haeffner

9 to 10 a.m. - Medium Intensity Water - FC 11 a.m. to noon - Pilates - \$2 - FC

11 a.m. to noon - Step Aerobics - Haeffner

5 to 5:50 p.m. - Dang Soo Do (8-14 yr olds, white and

yellow belts) - FC *

5 to 6 p.m. - Step Aerobics - Haeffner

6 to 6:50 p.m. - Dang Soo Do (8-14 yr olds, orange belts

and up) - FC

6 to 7 p.m. - Yoga - \$2 - Haeffner

7 to 8 p.m. - Dang Soo Do (15 yrs plus) - FC *

Thursday

8 to 8:45 a.m. - High Intensity Water - FC Noon to 1 p.m. - Circuit Training - Haeffner

5 to 6 p.m. - Step Aerobics - \$2 - FC

5 to 6 p.m. - Spinning (Intense) - \$2 - Haeffner

6 to 7 p.m. - Pilates - \$2 - Haeffner

6 to 8 p.m. - Kyokushin - \$25/month - FC

Friday

6 to 6:30 a.m. - Abdominal Class - FC

9 to 10 a.m. - Medium Intensity Water - FC

11 a.m. to noon - Pilates - \$2 - FC

11 a.m. to noon - Step Aerobics - Haeffner Noon to 1 p.m. - Step and Sculpting - Haeffner

5 to 5:50 p.m. - Dang Soo Do (8 to 14 yrs, white and

yellow belt) - FC *

6 to 6:50 p.m. - Dang Soo Do (8 to 14 yrs, orange belts

7 to 8 p.m. - Dang Soo Do (15 yrs plus) - FC*

10 to 11 a.m. - Step Aerobics - \$2 - FC

Sunday

 $10{:}30$ to $11{:}30$ a.m. - Step Aerobics - \$2 - FC 11:30 a.m. to 12:30 p.m. - Toning Class - \$2 - FC

Fitness and Sports Center Pool

The indoor pool is open Monday through Friday from 5 a.m. to 8 p.m., Saturday from 8 a.m. to 5 p.m. and Sunday from 9 a.m. to 5 p.m. For more information, call 228-0015.

Outdoor Recreational Pool

The Outdoor Recreational Pool is scheduled to be closed until April 30. For more information, call the indoor pool at 228-0015.

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Sports Shorts

Swim for Life

Swim for Life is an event directed at enhancing and improving each person's fitness goals. For the month of May the challenge to those who participate will be to log 28 miles of swimming. All who complete this challenge will receive a certificate and T-shirt for their accomplishment. For more information regarding the Swim for Life program, contact the Indoor Fitness Pool at 228-0015.

Spring Golf Scramble

The D-M 1st Sergeants Council will sponsor the 7th Annual Spring Golf Scramble May 13 at Blanchard Golf Course. The event will have an 8 a.m. shotgun start with a fourperson scramble from the white tees. The cost of \$35 per person includes green fees, a cart and drinks. Mulligans are two for \$5. Players can win a car for a hole-inone on number 15 as well as prizes for closest-to-the-pin and for longest drive. To sign up, contact Master Sgt. Steve Flatt at 228-3283 or steven.flatt@dm.af.mil.

Cochise Stronghold hike

Cochise Stronghold is located in Arizona's Dragoon Mountains. This six-mile hike through woodland areas is May 28. The cost of \$15 includes transportation and a guide. Those interested should sign up by May 26. For more information, call 228-3736.

Hook Up 2 Bowling

The D-M Lanes is now taking sign ups for the new 'Hook Up 2 Bowling' program. This is a new player-development program that will make learning the game simpler, fun and affordable. Classes are scheduled to begin June 1. Certified bowling instructors will teach participants etiquette, terminology and bowling fundamentals. The cost of \$99 for adults and \$69 for youth under the age of 18 years includes eight hours instruction and on-thelanes lessons. There will be a free orientation before each clinic so participants can learn more about the program. They will also receive a free how-to-bowl booklet, tour of the D-M lanes and will get to meet with other participants. Everyone who completes the program will receive a towel, bowling ball and

bag. For more information regarding the program, call 228-3461.

Exercise group

Those looking for an opportunity to crank up their workout or needing some motivation and encouragement for a better routine are invited to join some retired friends in the 355th Mission Support Squadron twice a week for camaraderie and fitness. The group focuses on cardiovascular, strength, dexterity and flexibility exercises. They pick the exercises and participants pick their own pace. The group meets Tuesday and Thursday at 6:10 a.m. in the aerobics room at the Haeffner Fitness Center. There is no cost to participate. For more information, call Jeffrey Halstead at 228-5690 or send an e-mail to jeffrey.halstead@dm.af.mil.

SCUBA diving

The Davis-Monthan community is invited to participate in SCUBA Diving Lessons June 11 and 12. The class will help students gain confidence by learning to SCUBA dive in the base pool. The cost of \$85 includes tank with suit rental and instruction. Those who are

interested should sign-up for the class as soon as possible. Payment is due by close of business June 5. For more information, call 228-3736.

Trip to water park

The D-M community is invited to take a safari to Waterworld June 18, where explorers of every age can find a variety of fun on more than 25 acres. The cost of \$20 includes transportation. Those interested should sign up by June 16. For more information regarding the trip, call 228-3736.

Charity golf tournament

There is a charity golf tournament June 24 at D-M's Blanchard Golf Course. All proceeds will be given to the Muscular Dystrophy Association of Southern Arizona. The tournament will feature a fourperson scramble from the white tees and will begin at 7:30 a.m. with a shotgun start. The cost of \$30 per person includes cart and green fees. For more information, contact Staff Sgt. Brandon Hess at 228-0684 or at brandon.hess@dm.af.mil or Master Sgt. Danny Porterfield at 228-2311 or at robert.porterfield@ dm.af.mil.

Chapel Information

Services and activities offered by the D-M chapel are listed below. For more information on Jewish or Muslim services; Sunday School programs; Vacation Bible School; Bible studies; youth groups; and ministries, call 228-5411.

Catholic Mass schedule

Saturday: First Saturday Mass is the first Saturday of the month at 9 a.m. in Hope Chapel. The Mass will be followed by a breakfast fellowship. For more information, call Jeff Morgan at 574-2567.

Mass is at 5 p.m., Sacrament of Reconciliation is at 4:30 p.m. at Desert Dove Chapel.

Sunday: Mass is at 7:30 and 10 a.m., Sacrament of Reconciliation is at 9:15 a.m. at Desert Dove Chapel.

Daily: Mass is at 11:30 a.m. at Hope Chapel. Rosary begins at 11:10 a.m. at Desert Dove.

Protestant Services schedule

Sunday: Contemporary Service is at 9:45 a.m. and Gospel Service is at 11:15 a.m. at Hope Chapel. Traditional Service is also at 11:15 a.m. but at Desert Dove Chapel.

Free marriage seminar

Join Col. Wayne Scott, 612th Air Communications Squadron, and his wife Cindy as they present a marriage workshop full of practical lessons and tools to strengthen relationships. This free biblically-based seminar is open to all couples: married, engaged and even those seriously dating. The seminar includes workbook lessons, refreshments and free children's ministries. The seminar is April 29 from 6:30 to 9 p.m. and April 30 from 9 a.m. to 2 p.m. at the Desert Dove Chapel. To reserve a space, or for more information, call 228-5411

Prayer Wall

The Base Chapel offers a Prayer Wall in the Desert Dove Chapel, which displays pictures and names of deployed Airmen. To submit a name and picture for the Prayer Wall, contact Chaplain (Lt. Col.) Timothy Sturgill at 228-5411 or send an e-mail to timothy.sturgill@dm.af.mil. Those who wish to pray for deployed Airmen are invited to stop by the Desert Dove Chapel.

Education Services

University representative visits D-M

A representative from the University of Phoenix will be available Tuesday from 1:30 to 3:30 p.m. in Building 3200, Room 243. Individuals can schedule an appointment or walk-in. For more information, call Liz Cummins at 239-5252.

BTES closure

The Base Training and Education Services office will be closed April 29 for the Wing Wellness Day. For more information, call Phil King at 228-3812.

Pima Community College

Students can now register for summer 2005 and fall 2005 classes at PCC. The schedules are on-line at http://www.pima.edu/. Students can also visit the PCC office in Building 3200, Room

Juan Carrillo, Defense Security Service, takes a moment to read biographies placed on silhouettes at the 355th Mission Support Group, Building 3200. The silhouettes and biographies represent real victims of child abuse in Arizona.



Photo by Stephanie Ritte

Child Abuse Prevention Month

In honor of National Child Abuse Prevention Month, the base borrowed life-sized plywood silhouettes from the University of Arizona. These silhouettes are of children who died as a result of child abuse or were murdered in Arizona. Each has a biography in the

center of the silhouette. The goal of the silhouettes is to attract attention and send a message about the effects of child abuse. Those interested in seeing the silhouettes can visit the base library today. For more information regarding other locations during the month of April, call 228-2104.

224. Those interested in becoming a PCC student can take an assessment test, attend orientation and see an advisor in order to be ready for the summer or fall. For more information, call 206-4866

Scholarship

Operation Home Front is sponsoring the Tillman Family Freedom Award scholarship for children and spouses of active-duty military personnel. There are two essay contests; one for children and one for spouses. A total of five winners will be selected from each category and will share \$21,000 in scholarships. The deadline is April 30. Those who are interested can obtain an application from www.cinchouse.com or by contacting Amy Palmer at (210) 659-7756.

Family Support Center

Veteran's Affairs Claims Assistance

A Veteran's Affairs representative will provide group appointments concerning veterans and disability benefits Monday at 1 p.m. in Building 3200, Room 243. For more information, call 228-5690.

Pre-separation counseling

This class is mandatory for separating Airmen and will acquaint them with services and agencies available to help with their transition to the civilian workforce. It will take place at the D-M Family Support Center Tuesday and May 3 from 9 to 10 a.m. The class size is limited to 20 attendees and should be scheduled no later than 90 days before separating or retiring. To sign up, call 228-5690.

Right Start Base Orientation

Right Start Base Orientation is designed to

welcome all newcomers to Davis-Monthan and the Tucson area. Leadership and base agencies discuss a variety of programs and services available. The next orientation is Tuesday from 8 a.m. to 4 p.m. at The Desert Oasis Enlisted Club. Medical Right Start is scheduled from 12:40 until 4 p.m. Free childcare is available but must be arranged ahead of time. For more information, call 228-5690.

Time for Tots

The next Time for Tots will be held Wednesday and May 4 from 9:30 to 10:30 a.m. at the Desert Dove Chapel. Come and meet other parents while the children enjoy fun and activities. For more information, call 228-5690.

Resume, Interview Workshops

These workshops cover the basic information to help individuals prepare for their next job. They will be held May 6 at the Family Support Center. The Resume Workshop is from 9 to 11 a.m. and the Interview Workshop is from noon to 2 p.m. To sign up, call 228-5690.

Happenings

Airman's Attic

The Airman's Attic is now accepting donations of usable household items, clothing appliances and furniture. The Airman's Attic is open every Thursday from 5 to 7 p.m. and the third Saturday of each month. To arrange pick-up of a large item donation, call 228-4098.

D-M Thrift Shop

The D-M Thrift Shop, located on Ironwood Street across from the bowling alley, is open Tuesday and Wednesday from 9 a.m. to 2 p.m. with consignments closing at 1 p.m.

Services Activities

Trips to Mexico

Davis-Monthan's Outdoor Recreation and Information, Tickets and Travel have cancelled all trips to Mexico until further notice.

Day in the Park, Spring Fling

D-M will host Day in the Park Saturday at Bama Park from 9 a.m. to noon. Parents may spend time with their children making crafts, playing games and enjoying a barbecue. There will be make-and-take tables, informational booths and more. For more information regarding Day in the Park, call 228-8844.

The base will also host the second Annual Spring Fling Crafts Fair Saturday at Bama Park. Many different craft vendors will have their displays for show between 9 a.m. and 4 p.m. A Salsa Cook-off will begin at noon with Davis-Monthan cooks competing to make the best recipe in the southwest. From noon to 1 p.m. the Harlem Ambassadors will be visiting with families and handing out tickets for their evening basketball game to be played at 5 p.m. at the Fitness and Sports Center. At 2:30 p.m. there will be Jell-o eating, pie eating and bubble blowing competitions. For more information regarding the Spring Fling, contact the Arts and Crafts Center at 228-4385.

Parent/Teen Adventure Camp

The Parent/Teen Outdoor Adventure camp is for families of active-duty Air Force personnel,

Reserves, Air National Guard, their spouses and dependents ages 12 to 14 years. Parent and teen participants should arrive at Colorado Springs, Co. June 26. During the seven-day camp, attendees will participate in a wide variety of indoor and outdoor activities. Families may be asked to help fund their airline or travel costs to Colorado Springs. However, once at the camp, all lodging, meals and activity fees will be at no cost to attendees. Each applicant must complete an application form and write a one-page essay. Those interested need to submit their application and essay to the D-M Youth Center or Community Center no later than May 2. Priority will be given to families of deployed Air Force, Reserve and Air National Guard personnel. However, they will accept applications from all families meeting the criteria. For more information, stop by the Youth Center or call 228-8844.

Preschool Summer Camp

Registration has begun for the Child Development Center's Preschool Summer Camp. The camp is scheduled from May 2 to July 1 and will include two week-long sessions that each have their own themes. Parents can sign up for one or all of the sessions. Children will attend sessions Tuesday, Wednesday and Thursday each week from 8:30 a.m. to 11:00 a.m. The theme for May 2 through May 13 is bugs. May 16 through 27 is the beach and June 6 through 17 is the farm. The final session, which will be from June 20 to July 1, will have a space theme.

Fees for the summer camp are based on total family income and range from \$27 to \$57 per

session. There is a \$10 non-refundable registration fee for each session. This fee will be credited toward the tuition for the session. To be eligible, children must have turned three years old by Dec. 31 and must be completely potty trained. Parents need to bring shot records, a leave and earning statement form and an emergency contact person other than the parent in order to register. For more information, call 228-3336.

Framing classes

Learn how to cut and join frames, size and cut a matte and glass and assemble a finished frame during the Arts and Craft Center's Framing classes May 5 and 12 from 5 to 6:30 p.m. The cost of the class is \$20 and includes all supplies. For more information, call 228-4385.

Disneyland, California Adventure Trip

There is a trip to Disneyland and California Adventure June 1 through 12. Guests will stay at the Castle Inn Hotel. The cost of \$200 includes transportation, hotel and park tickets. Those interested should sign up by May 6. For more information, call 228-3736.

Auto Skills Overnighter

The D-M Auto Skills Center will be open from 8:30 a.m. May 20 until 9 p.m. May 21. This will provide shift personnel and personnel with large jobs that cannot be completed in a couple of hours the opportunity to work on their vehicles for an extended period of time. The Auto Skills Center will provide pizza at 7 p.m. and 9 p.m. May 20. For more information call 228-3614.

